



Hemington News

20th January 2023

Dear Parents and Carers

We have had such a busy week! We started the week talking about our emotions and recognising how we are feeling. We spoke about how we can self-regulate when we think our feelings may affect ourselves and others in a negative way.

In PSHE, we spoke about how we can make our world better for those who face challenges such as disability, poverty and natural disasters. The children showed such compassion and empathy for those who are less fortunate than ourselves.

Our Chinese New Year celebration on Thursday was a huge success! In the morning, Class 1 led assembly about China, showing some of the wonderful work they had done as part of their theme *Come Fly with Me*. We then spent the afternoon sampling Chinese food, making Chinese crafts (dragons), writing numbers in Mandarin and playing bingo, and taking part in traditional Chinese martial arts (Tai chi). The children had lots of questions about each activity and really enjoyed learning about the themes.

Just a reminder that on Tuesday 24th January, we will be having a non-uniform day to raise money for the school—please pay £1 per child through your School Money account. If your child has PE that day, please ensure that they are wearing suitable clothing and footwear. We will also be having a cake sale after school on Wednesday 1st February. Reminders will be sent out nearer the time.

Our wonderful choir will be performing at the Young Voices concert on Wednesday 25th January in Birmingham. We are very excited and will be making lots of videos on the day to send back to parents.

Due to adverse weather this week, we didn't get the opportunity to train for Cross Country. We are hoping to begin training again next week (Wednesday—weather dependent). Our first competition of 2023 will be on Tuesday 7th February. This will be during school time and children will be going to Charnwood College in Loughborough by bus.

Many thanks for your continued support. I hope you all have a lovely weekend.

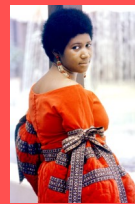
Eimear Davis—Headteacher



Musician of the Moment



In assembly, we talk about musicians who have made a big impact on the culture of music throughout time. So far this school year, we have looked at Aretha Franklin and Nina Simone. We are now focussing on The Beatles. Next, we will be learning about Ludwig van Beethoven.



Healthy Eating at School



REMINDER

Children will be asked to **ONLY** take fruit or a healthy snack for their breaktime. Packed lunches should contain healthier options with only one treat for pudding.

PLEASE ENSURE THAT ALL LUNCHES/SNACKS ARE NUT FREE.

We also ask parents to send water in their child's drink bottle.

We will be attempting to gain our Healthy Schools Award this year. We need our whole school community to be involved in helping us achieve this.

Hemington PTFA

Upcoming Events

A Slot Car Racing afternoon will be held on Saturday 4th February—3pm till 7pm at Lockington Village Hall. Please save the date and join us for this family event.

There will be a bar running and sweets and drinks available for the little ones.

Races will cost £1



HEMINGTON PRIMARY SCHOOL EXPECTATIONS

You may have heard your children speak about our school expectations or noticed that they have received a certificate for RESPECT, RESPONSIBILITY or READINESS. We are very proud of all the children at Hemington for trying their best and ensuring that they are at all times;

Respectful of themselves and others

Responsible for their learning and behaviour

Ready to engage in learning and to do their best.



Accelerated Reader



Please ensure that your child reads daily.

When they finish their book, they complete an online quiz using their Accelerated Reader account.

TERM DATES 2022-2023

Spring Term

Chinese New Year: Thursday 19 January (school celebration)

Class 1 trip to the Botanical Gardens: Mon 23 Jan

Non-uniform Day: Tuesday 24 January

Young Voices Concert: Wednesday 25 January

Cake Sale: Wednesday 1 Feb (after school)

Children's Mental Health Awareness Week: From Monday 6 February

KS2 Cross Country Competition: Tuesday 7 February

Come Fly with Me Themed Day (Dancing): Tues 14 February

Half term break: Mon 20 to Fri 24 February 2023

Parents Evening: Tuesday 21st March 2023

Schools close: Friday 31 March 2023

Summer Term

Schools open: Monday 17th April 2023

May Day Bank Holiday: Monday 1st May 2023

Extra May Bank Holiday: Mon 8th May 2023

Half term break: Mon 29 May to Fri 2 June 2023

Schools close for pupils: Wednesday 12 July 2023

Staff INSET days

Wednesday 24 and Thursday 25 August 2022; Tuesday 3rd January 2023

Tuesday 3 January 2023 (school closed to pupils)

Thursday 13 July 2023



PE Kit



Please ensure that your child's PE kit consists of a white T-shirt; black or dark coloured jogging bottoms/leggings/shorts; trainers; dark coloured hoodie/jumper or school jumper/cardigan.

After School Clubs Spring Term 1

Monday - Little Cooks Club (until 4.30 - all year groups welcome.)

Tuesday - Create and Make Club (until 4.30 - all year groups welcome. Bookings now open. Limited spaces available.)

Wednesday - Lego Club (until 4.15 - open to all year groups)

Thursday - Multi-Sports (until 4.15 - open to all year groups)

School Dinner Menu

From Monday 23rd January, we will be choosing from the Week 2 menu.

Week 1					
2022: 22nd Aug, 12th Sept, 3rd Oct, 24th Oct, 14th Nov, 5th Dec, 26th Dec 2023: 16th Jan, 6th Feb, 27th Feb, 20th Mar, 10th Apr, 1st May, 22nd May, 12th Jun, 3rd Jul, 24th Jul					
	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Margarita Pizza	Cottage Pie	Roast Lamb of Pork & Apple Sauce	Sticky Chicken	Fish Fingers or Salmon Fish Fingers
Option 2	Vegetable Supreme Pizza (V)	Spiced Bean Tagine (V, VG)	Quorn Fricassee	Cheese Pan (V)	Quorn Dippers (V, VG)
CARBS	Pasta in Tomato Sauce Vegetable Rice	Boiled Potatoes Jewelled Cous Cous	Mashed Potatoes & Carrot ½ Jacket	Herb Jacket Wedges Fluffy Rice	Chips Mashed Potatoes
VEGETABLES	Apple/leek Carrots	Green Beans Sweetcorn	Roasted Medley of Seasonal Vegetables Green Beans	Cabbage Broccoli	Baked Beans Peas
SALAD BAR	Mixed Salad Selection				
BREADS	Assorted Breads				
FRUIT	Fresh Fruit Platter/Yoghurt				
DESSERTS	Strawberry Whip	Pear & Chocolate Sponge	Manchester Slice	Apple Batty Layer	Vanilla Ice Cream

Week 2					
2022: 29th Aug, 19th Sep, 10th Oct, 31st Oct, 21st Nov, 12th Dec 2023: 2nd Jan, 23rd Jan, 13th Feb, 6th Mar, 27th Mar, 17th Apr, 8th May, 29th May, 19th Jun, 10th Jul, 31st Jul					
	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Margarita Pizza	Farm Assured Pork Sausages in Gravy	Roast Chicken Stuffing & Gravy	BBQ Chicken Wrap	Battered Fish
Option 2	Chinese Vegetable Stir Fry (V, VG)	Honolulu pie (V)	Vegetarian Bolognese (V, VG)	Quorn & Vegetable Pasta (V, VG)	Vegetable Fingers (V, VG)
CARBS	Fluffy Rice Herb Jacket Wedges	Mashed Potatoes	Parsley Potatoes Pasta	Garlic Bread Potatoes in Skins	Chips ½ Jacket Potato
VEGETABLES	Medley of Seasonal Vegetables Carrots	Sweetcorn Peas	Green Beans Roasted Medley of Seasonal Vegetables	Carrots Broccoli	Baked Beans Peas
SALAD BAR	Mixed Salad Selection				
BREADS	Assorted Breads				
FRUIT	Fresh Fruit Platter/Yoghurt				
DESSERTS	Banana Cake	Carrot Cake Muffin	Chocolate Mousse	Orange Jolly with Mandarins	Strawberry Ice Cream

Week 3					
2022: 5th Sep, 26th Sep, 17th Oct, 7th Nov, 28th Nov, 19th Dec 2023: 9th Jan, 30th Jan, 20th Feb, 13th Mar, 3rd Apr, 24th Apr, 15th May, 5th Jun, 26th Jun, 17th Jul					
	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Organic Meatballs in Tomato Sauce	Turkey Lasagne	Roast Chicken & Apricot Stuffing	Garlic Mushroom & Sweetcorn Pizza	Fish Fingers or Salmon Fish Fingers
Option 2	Vegetable Jambalaya (V, VG)	Vegetable Lasagne (V)	Vegetable Cottage Pie (V, VG)	Sweetcorn Pizza (V)	Vegetable Nuggets (V, VG)
CARBS	Pasta Fluffy Rice	Garlic Bread Parsley Potatoes	Roast Potatoes Swede & Potato Mash	Jewelled Cous Cous ½ Jacket Potato	Chips Fluffy Rice
VEGETABLES	Green Beans Cabbage	Broccoli Sweetcorn	Carrots Cauliflower	Medley of Vegetables Green Beans	Baked Beans Peas
SALAD BAR	Mixed Salad Selection				
BREADS	Assorted Breads				
FRUIT	Fresh Fruit Platter/Yoghurt				
DESSERTS	Apple Sponges & Custard	Cornflake Tart	Peach Melba Traybake	Seasonal Fruit Crumble & Custard	Chocolate Ice Cream